



WALKING TOGETHER

LOOSE LEAD WALKING
TRAINING LOG

SIMONE MUELLER

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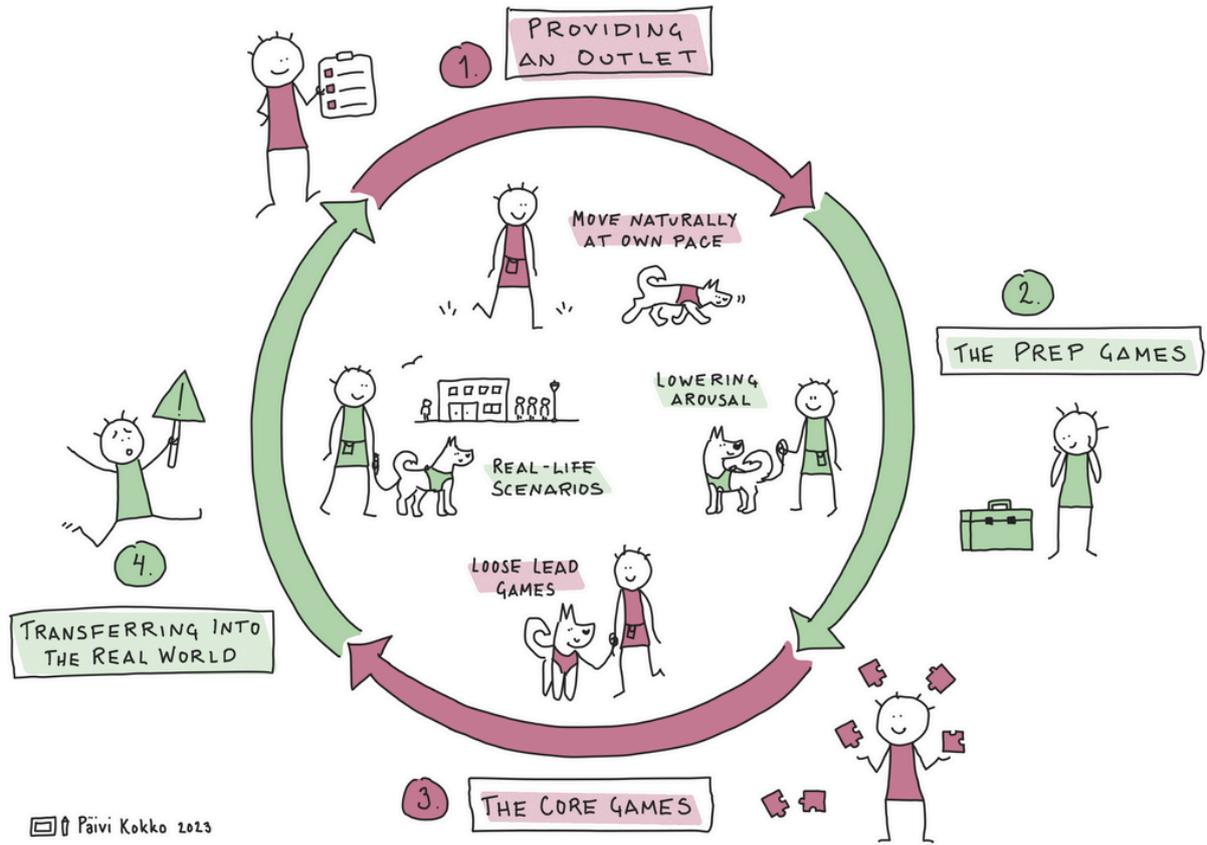
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YOUR STEPS TO SUCCESS

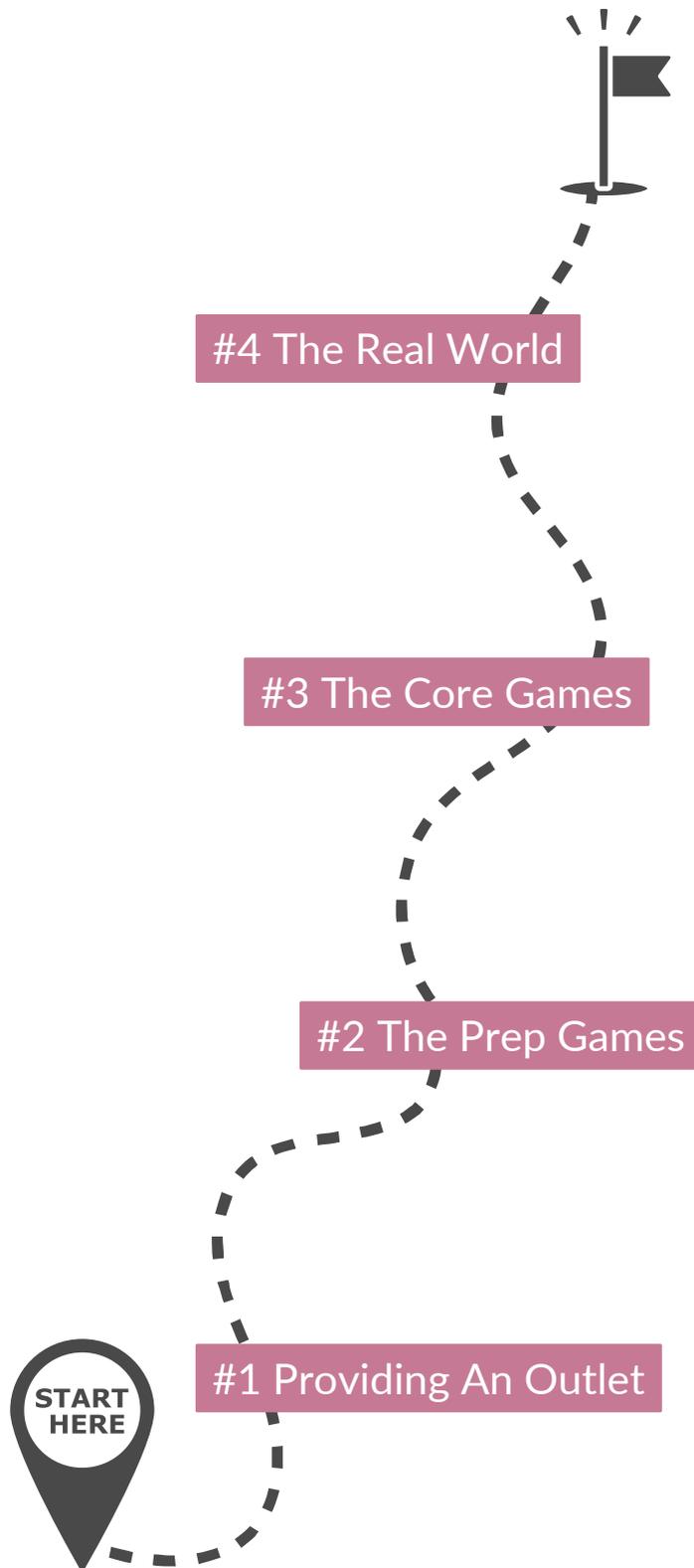
THE FOUR PIECES OF THE LOOSE LEAD WALKING PUZZLE



Notes

YOUR PATH TO LOOSE LEAD WALKING

THE GUIDELINE WITH ALL 4 COMPONENTS



#1 PROVIDING AN OUTLET

MEETING YOUR DOGS NEEDS

Activities For Your Dog

How Often Can You Provide The Activity?

#2 THE PREP GAMES

I LOWERING AROUSAL IN 5 STEPS

If your dog is not able to eat outside yet, progress through the 5 steps first in a random order to help them lower their overall arousal levels enough to eat comfortably when they're outside. Even if your dog is already able to take food outside, I still advise you to work through the 5 steps and practise them regularly on your walks. This will set them up for success with their loose lead walking training.

Step 1: Licking

Step 2: Sniff, Search And Eat

Step 3: Ritualise Behaviour

Step 4: Enjoying Food In Other Locations

Step 5: Using Parts Of The Predatory Sequence

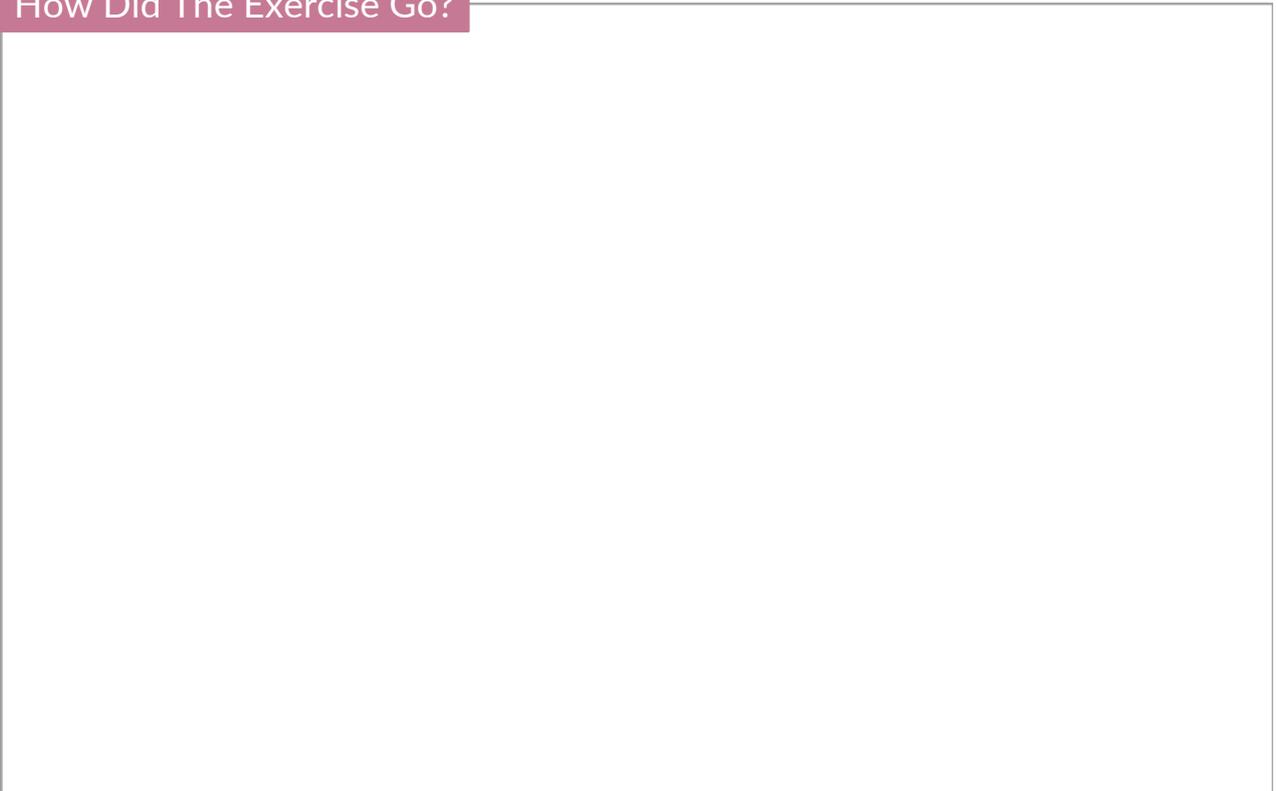
#2 PREP GAME 1

STATIONARY WALKS

Your Stationary Walks



How Did The Exercise Go?



#2 PREP GAME 2

I ON THE HUNT FOR SLOWER BEHAVIOUR

Note Desirable Behaviour Of Your Dog

How Did The Exercise Go?

#2 PREP GAME 3

THE WINDING ROAD GAME

Make Notes For Your Winding Road Game

How Did The Exercise Go?

#2 PREP GAME 4

THE RADIUS GAME

Make Notes For Your Radius Game

How Did The Exercise Go?

SELF ASSESSMENT

IS YOUR DOG READY TO MOVE ON YET?

Does your dog show a noticeable reduction of arousal on their walks?



Yes - Awesome! You two are ready for the Core Games.



No / Not sure - To set your dog up for success, repeat the five steps to get your dog to eat outside, and repeat the Prep Games for another week or two.

Notes:

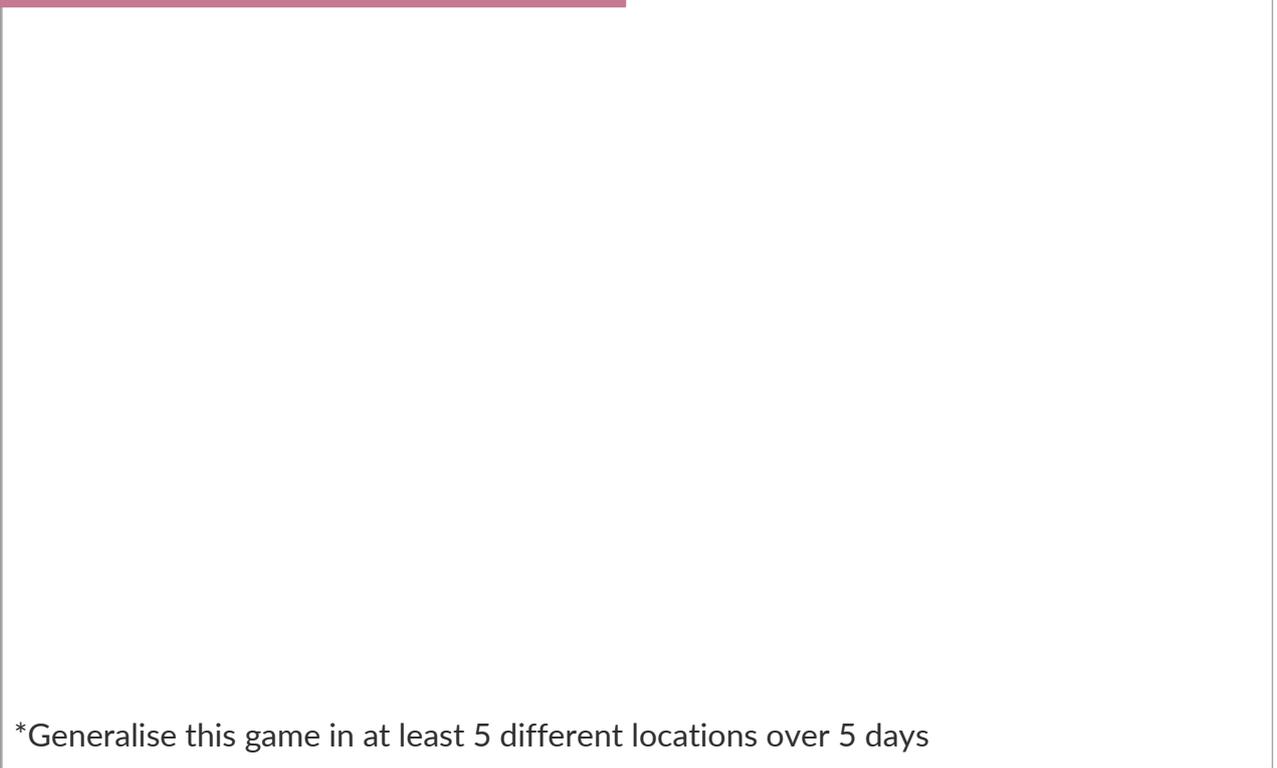
#3 CORE GAME 1

THE START BUTTON

Your Start Button Game



Generalise Your Start Button Game*

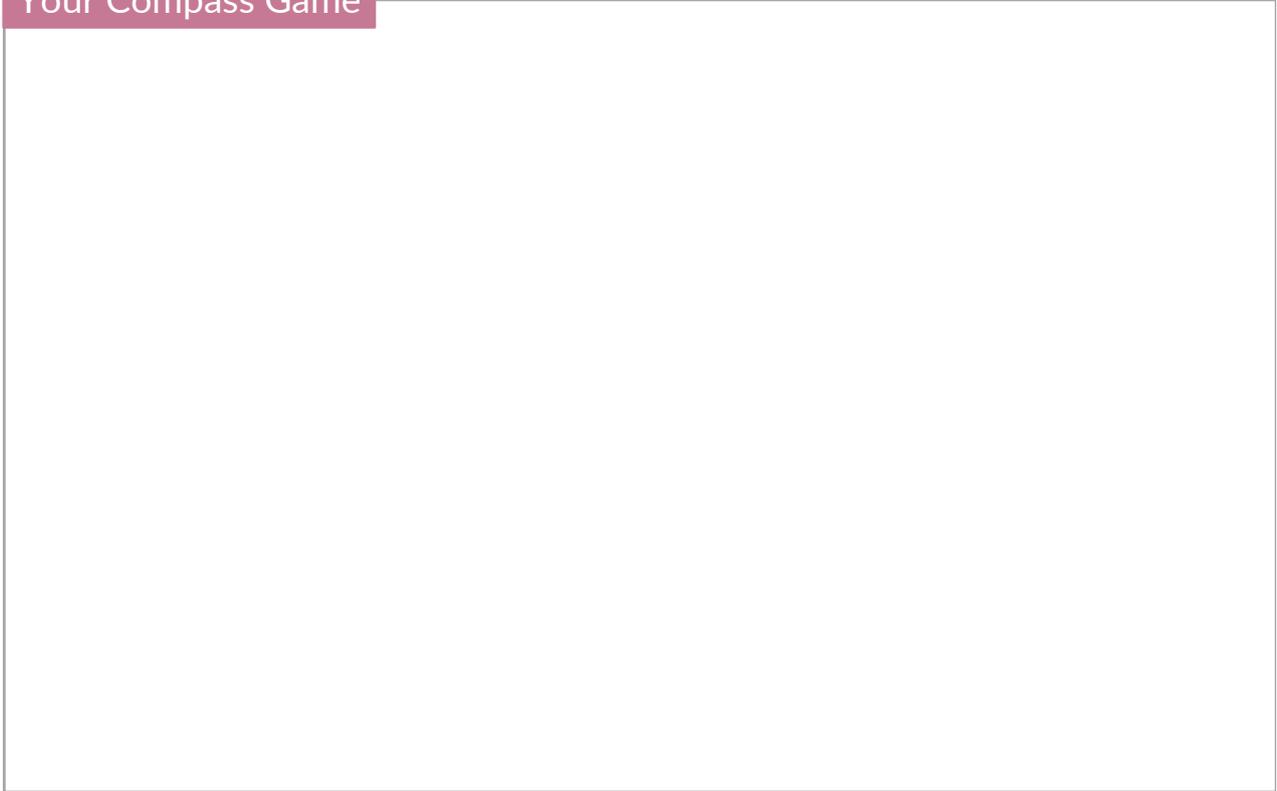


*Generalise this game in at least 5 different locations over 5 days

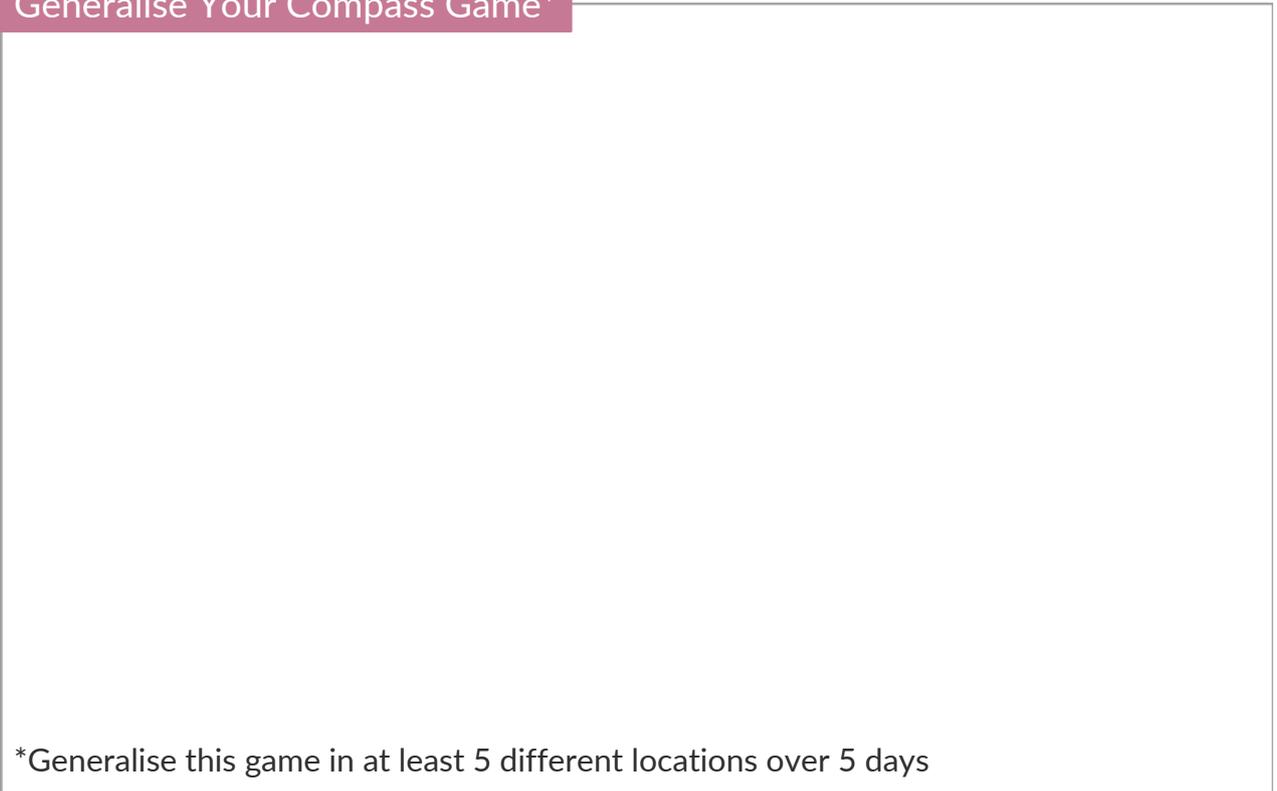
#3 CORE GAME 2

THE COMPASS GAME

Your Compass Game



Generalise Your Compass Game*



*Generalise this game in at least 5 different locations over 5 days

#3 CORE GAME 3

THE HUNT FOR THE SMILING LEAD GAME

Your Hunt For The Smiling Lead



Generalise Your Smiling Lead Game*



*Generalise this game in at least 5 different locations over 5 days

#3 CORE GAME SELF ASSESSMENT

YOUR ASSESSMENT DAYS

Play the 'Start Button Game', the 'Compass Game', and the 'Hunt For The Smiling Lead Game' 10 times each, and repeat this for three days in three different locations.

Day 1

Day 2

Day 3

Was your dog successful at least 8 out of 10 times, each time you play these games?



Yes - Awesome! You two are ready to move on.



No / Not sure - To set your dog up for success, repeat the Prep Games and the Core Games for another week or two.

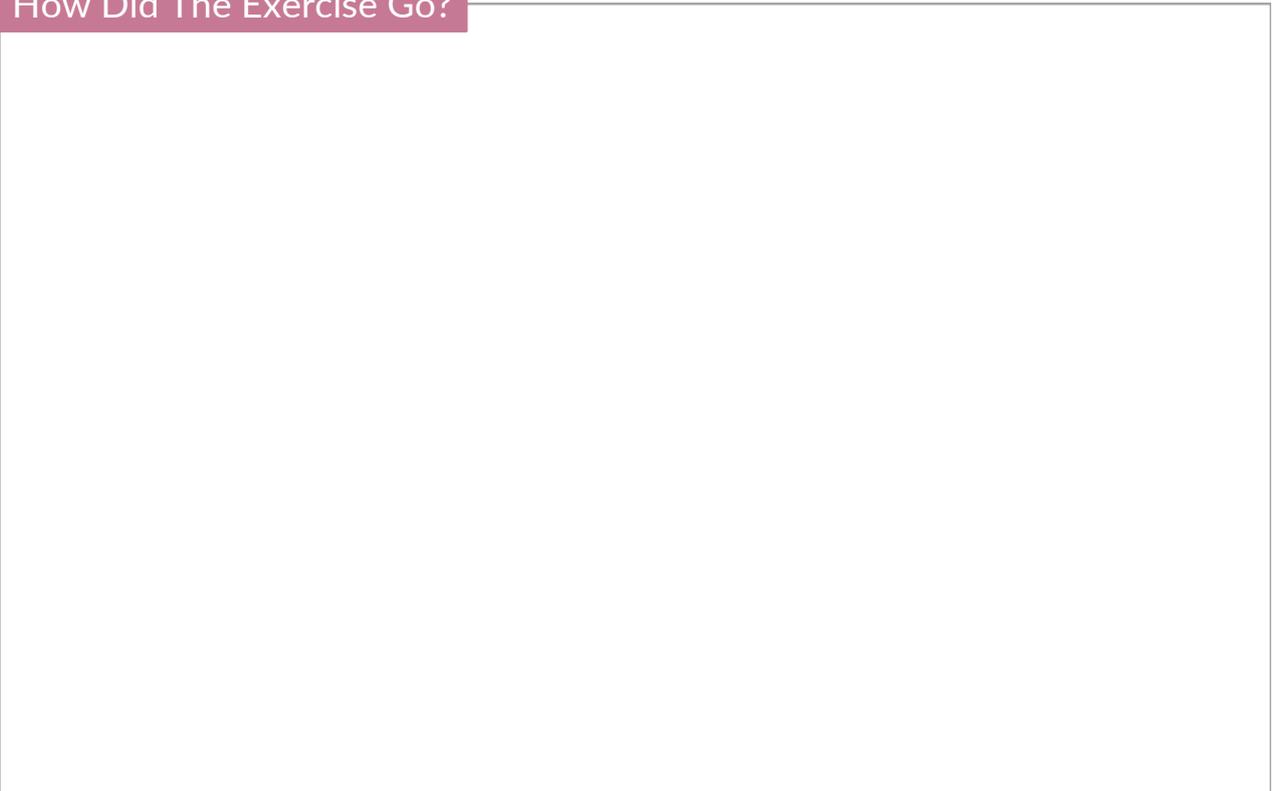
#3 CORE GAME 4

THE CONE GAME

Your Cone Game



How Did The Exercise Go?



YOUR LIST OF DISTRACTIONS

WHAT DOES YOUR DOG FIND HARD TO DISENGAGE FROM?

SEVERE



MEDIUM



SLIGHT

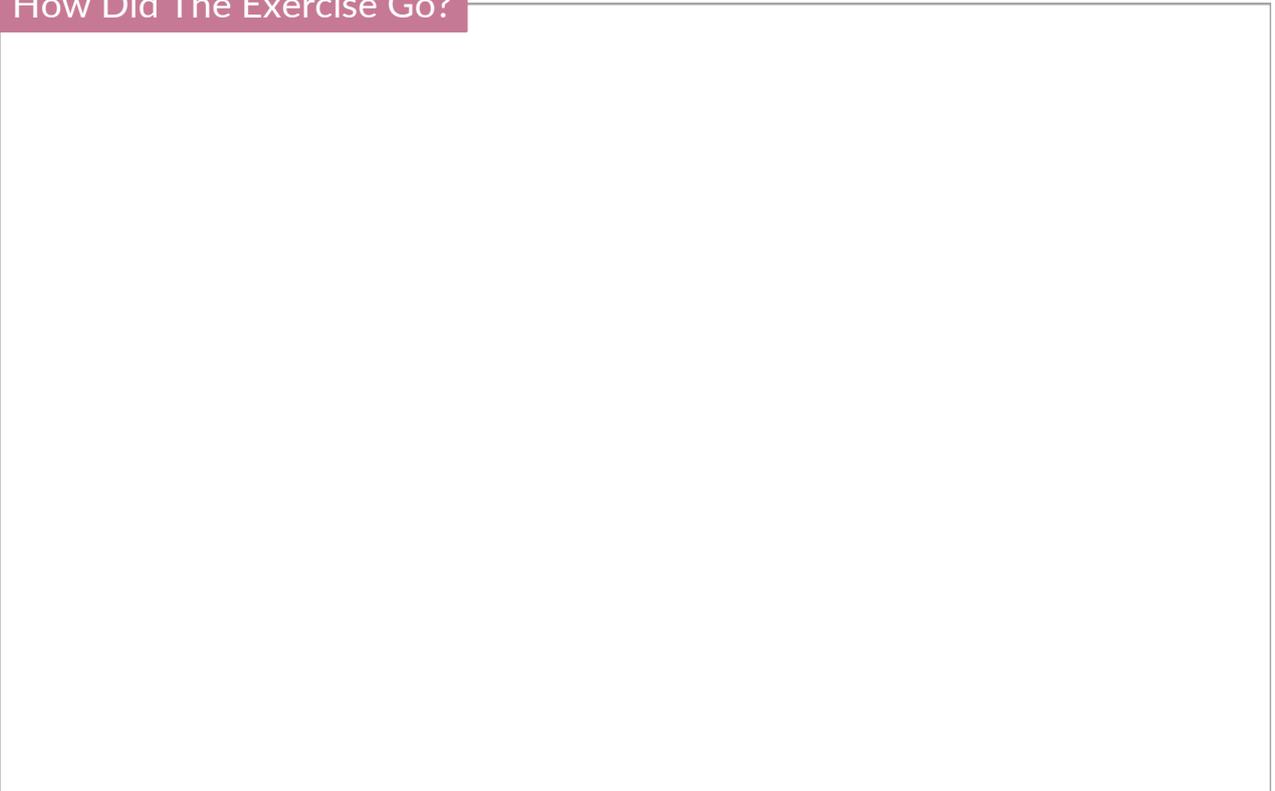
#4 THE REAL WORLD

THE 300 PECK GAME

Your 300 Peck Game



How Did The Exercise Go?



#4 THE REAL WORLD

PROOFING YOUR NEW LOOSE-LEAD SKILLS IN THE REAL WORLD

Scaffolding Your Loose Lead Walking Using The 300 Peck Method

A large, empty rectangular box with a thin black border, intended for taking notes or recording observations during the training exercise.

How Did The Exercise Go?

A large, empty rectangular box with a thin black border, intended for reflecting on the exercise and recording feedback or outcomes.

CONGRATULATIONS!

You have successfully finished the Loose-Lead Walking Training Program!

For lasting results, practise the 300 Peck Game at least once a week in different locations! Additionally, play one of the five steps to bring your dog to eat or one of the Prep Games on each of your walks for one to three minutes to keep your dog's level of arousal at a low level! Alternate between the five steps and the Prep Games.

Use the track sheet to keep track of, and evaluate, your training progress.

HAPPY TRAINING!



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